

HLA-DRB1*1101: A Significant Risk Factor for Sarcoidosis in Blacks and Whites

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Sarcoidosis is a granulomatous disorder of unknown etiology, associated with an accumulation of CD4+ T cells and a TH1 immune response. Since previous studies of *HLA* associations with sarcoidosis were limited by serologic or low-resolution molecular identification, we performed high-resolution typing for the *HLA-DPB1*, *HLA-DQB1*, *HLA-DRB1*, and *HLA-DRB3* loci and the presence of the *DRB4* or *DRB5* locus, to define *HLA* class II associations with sarcoidosis. A Case Control Etiologic Study of Sarcoidosis (ACCESS) enrolled biopsy-confirmed cases (736 total) from 10 centers in the United States. Seven hundred six (706) controls were case matched for age, race, sex, and geographic area. We studied the first 474 ACCESS patients and case-matched controls. The *HLA-DRB1* alleles were differentially distributed between cases and controls ($P < .0001$). The *HLA-DRB1*1101* allele was associated ($P < .01$) with sarcoidosis in blacks and whites and had a population attributable risk of 16% in blacks and 9% in whites. *HLA-DRB1-F⁴⁷* was the amino acid residue most associated with sarcoidosis and independently associated with sarcoidosis in whites. The *HLA-DPB1* locus also contributed to susceptibility for sarcoidosis and, in contrast to chronic beryllium disease, a non-E⁶⁹-containing allele, *HLA-DPB1*0101*, conveyed most of the risk. Although significant differences were observed in the distribution of *HLA* class II alleles between blacks and whites, only *HLA-DRB1*1501* was differentially associated with sarcoidosis ($P < .003$). In addition to being susceptibility markers, *HLA* class II alleles may be markers for different phenotypes of sarcoidosis (*DRB1*0401* for eye in blacks and whites, *DRB3* for bone marrow in blacks, and *DPB1*0101* for hypercalcemia in whites). These studies confirm a genetic predisposition for sarcoidosis and present evidence for the allelic variation at the *HLA-DRB1* locus as a major contributor.

Introduction

Sarcoidosis (MIM 181000) is a systemic granulomatous disease that was originally described over 100 years ago (Newman et al. 1997). Pulmonary involvement occurs in about 90% of cases, but any organ system can be involved. Skin, eye, cardiac, liver and neurologic manifestations are not uncommon. The disorder has been described in all races and in every continent except Antarctica (Siltzbach et al. 1974). While many cases may undergo spontaneous regression, one-third of cases may

be persistent and require therapy. An infectious agent has been suspected as the cause of this disorder, but no specific etiology has been identified (Newman et al. 1997).

The inflammatory response in sarcoidosis has been characterized by the accumulation of CD4+ T cells at the sites of disease activity (Hunninghake and Crystal 1981). A TH1 type response has been suspected because of the granulomatous response and has been supported by the findings of increased levels of IL-2 and INF-gamma (Pinkston et al. 1983). The T cells expressed oligoclonal T cell receptors consistent with a response to an environmental antigen (Moller 1998). These findings strongly supported an excessive inflammatory reaction or hypersensitivity to some innocuous agent. The utility of corticosteroids and other anti-inflammatory drugs in the treatment of this disorder supported this idea.

A genetic susceptibility to sarcoidosis has been sup-

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ported by studies demonstrating familial clustering (Rybicki et al. 2001b). First-degree relatives have a higher prevalence of disease, and familial clustering has been observed in different populations but most noticeably in African Americans (Rybicki et al. 2001a). Polymorphisms of a number of candidate genes have been associated with sarcoidosis (Arbustini et al. 1996; Ishihara et al. 1996; Rybicki et al. 1999; Pandey and Frederick 2002; Planck et al. 2002; Zorzetto et al. 2002). Serologic and molecular analyses of *HLA* molecules have also been investigated in sarcoidosis. Unfortunately, because of the limitations of study design and technique of identification of *HLA* molecules (serological and low-resolution molecular typing), a consensus of the importance of *HLA* molecules in sarcoidosis has not been achieved (reviewed by Martinetti et al. [2002]).

HLA genes have long been recognized for their importance in transplantation, but only in the last decade has their role in the immune response been elucidated (Klein and Sato 2000). The *HLA* region is located on the short arm of chromosome 6 and is one of the most gene-dense regions of the genome (MHC Sequencing Consortium 1999). Within this region, the highly polymorphic *HLA* class I and class II genes are located. *HLA* class II molecules consist of heterodimers of α and β chains which contain a groove that anchors a 10–25–amino acid peptide. However, this groove is occupied by the invariant chain, which prevents it from binding peptides until this *HLA* molecule is transferred to the endosomal-lysosomal compartment. In this compartment, 10–25–amino acid peptides of extracellular origin bind to the groove of the class II molecule. The amino acids that line this groove determine the affinity of the groove for these peptides. This bimolecular complex is then expressed on the cell surface where CD4+ T cells can recognize it. The polymorphism of the *HLA* class I and II molecules is predominately accounted for by differences in the amino acids that line the peptide-binding groove. This groove can be grouped into specific areas or pockets that interact with the amino acids of the peptide. Certain amino acid substitutions are critical for determining peptide affinity, and alleles can be grouped according to these amino acid substitutions. Thus, *HLA* gene products play a direct role in the immune response, and disease associations with the *HLA* genes have been associated not only with specific alleles but also with specific amino acids that define a specific class of alleles.

Previous studies of *HLA* associations with sarcoidosis were limited by including patients without histological confirmation of disease and by methods that relied on the inexact serologic or low-resolution molecular identification of the *HLA* molecules (Pasturenzi et al. 1993; Ishihara et al. 1994; Martinetti et al. 1995). Since the ability to develop a CD4+ T cell response in sarcoidosis

probably depends on specific immunogenic peptides binding to *HLA* class II molecules, the aim of this study was to perform high-resolution molecular *HLA* class II typing in cases with histologically confirmed sarcoidosis and well-matched controls to determine whether susceptibility to sarcoidosis could be associated with specific *HLA* class II alleles or groups of *HLA* class II alleles with common amino acid residues involved in peptide binding.

Materials and Methods

Study Design

Blood specimens were collected prospectively from patients and matched controls who were entered into a case-control etiologic study of sarcoidosis (ACCESS) (Group 1999). Ten U.S. academic medical centers, one coordinating center, a DNA core laboratory, and a designated *HLA* laboratory participated in the design, enrollment, data entry, and analysis. The National Heart, Lung, and Blood Institute (NHLBI), which appointed a Data and Safety Monitoring Board and study chair, provided oversight and funding. Between November 1996 and June 1999, 736 cases with 706 matched controls were entered into the study. The first 474 cases and matched controls make up the study sample for which *HLA* studies were performed. All cases and controls completed informed consent forms, in accordance with a protocol approved by the institutional review boards of all participating centers.

Cases

Cases of sarcoidosis were recruited prospectively within geographic regions surrounding the 10 participating clinical centers between 1996 and 1999 (Group 1999). Cases met the following inclusion criteria: (1) first tissue confirmation of noncaseating granulomas on biopsy within 6 mo of enrollment, (2) clinical signs or symptoms consistent with sarcoidosis, and (3) age \geq 18 years. Specific phenotypes of sarcoidosis were determined with an instrument developed by the ACCESS group (Judson et al. 1999). Excluded were individuals with fungal disease, with active tuberculosis, or who were taking antituberculosis therapy. Patients with a history of beryllium exposure were excluded, unless they had a negative blood beryllium lymphocyte proliferation test. Pathology slides were reviewed by a study pathologist at each clinical center, and the medical records, chest radiographs, and study tests were reviewed by the principal investigator at each clinical center. An interviewer-administered questionnaire was given to each participant. The clinical characteristics of the study patients were reported elsewhere (Baughman et al. 2001).

Controls

Controls were recruited by random digit dialing (RDD) methods (Waksberg 1978; Group 1999; Baumgartner et al. 2000) from within the same geographic region as cases. Controls were matched to cases on the basis of age (within 5 years), gender, and self-reported race and ethnicity. Controls were excluded if they reported a history of sarcoidosis or medical conditions that made the determination of sarcoidosis uncertain (e.g., granulomatous hepatitis, idiopathic uveitis).

DNA Preparation

Heparinized blood was collected from each case and control at the time of the interview and was sent by overnight courier to the DNA core laboratory for purification of the DNA. High-molecular-weight DNA was isolated from anticoagulated blood by detergent lysis and organic extraction (Zoghbi et al. 1989). Purified DNA samples were diluted to a standard concentration in 10 mM Tris, 5 mM EDTA buffer, and were frozen at -70°C until used. DNA integrity and concentration were monitored using agarose gel electrophoresis and ethidium bromide staining.

HLA Identification

Masked samples of DNA were sent to the HLA typing laboratory for analysis of HLA class II alleles. Low- to intermediate-resolution typing was performed for *DRB1*, *DRB3*, *DQB1*, and *DPB1* by use of the SSOP method and the NMDP set of probes by Orchid Diagnostics (formerly "Lifecodes").

PCR with sequence-specific primers.—PCR with sequence-specific primers, performed using ARMS technology, was utilized for high-resolution typing of *HLA-DRB1*, *HLA-DRB3*, and *HLA-DPB1*. Depending on the low-resolution results, appropriate kits (Olerup SSP, by Genovision) were chosen for subtyping of *DRB1*, *DRB3*, and *DPB1* loci (high-resolution typing). The amplification product was then electrophoresed on a 1.5% agarose gel. The pattern of PCR products and product size was analyzed so that specific alleles could be identified. The DR4- and DR5- loci were identified only as being present or absent, and no allelic assignments were made.

Quality Control

Repeat typing of *HLA-DRB1*, *HLA-DQB1*, and *HLA-DPB1* alleles was performed on 5% of the study sample. Unblinding of the quality-control samples was performed only after both samples had been completely analyzed.

Statistical Evaluation

ACCESS data were analyzed using matched case-control analysis methods. Analyses of categorical variables used McNemar's test (McNemar 1947). Matched logistic regression analyses were performed using the methods described by Breslow and Day (1980). The PHREG procedure in SAS was used to analyze these data.

A large number of statistical tests were performed in the analysis of these data. Two analytical techniques were used to address the potential for spurious associations. Our first approach to reduction of the number of spurious associations involved a global χ^2 test, which was performed within each of the *DRB1*, *DQB1*, and *DPB1* allele groups. Each test addressed the null hypothesis that all of the odds ratios (ORs) for the alleles in the grouping were equal to 1 versus the alternative that at least one OR was different from 1. Alleles and epitopes that can be tracked back to a significant allele grouping are more likely not to be spurious associations, since a single test has determined that it is more likely that the grouping is related to sarcoidosis. Alleles and amino acid epitopes that were identified as being related to case-control status but were not members of a significant allele grouping are downplayed in this article.

In our second approach, a stepwise logistic regression was used to obtain the most parsimonious model that relates alleles and amino acid epitopes to sarcoidosis. Some of the variables mentioned above were present in very low frequencies. The inclusion of these variables resulted in singular information matrices that destabilized the model that was being generated. The variables resulting in singularities that destabilized the model were excluded from the logistic regression models but were part of the univariate analyses. In our logistic regression analyses, *P* values $>.05$ were deemed to be statistically significant, and *P* values between .05 and .1 were deemed to indicate trends.

To assess whether the influence of alleles and amino acid epitopes was the same across different age, race, or sex groups, we performed interaction analyses with gender, race, or age serving as an effect modifier. The effect modifier was introduced as an interaction in the matched logistic regression model. The null hypothesis associated with this test was that the OR relating the impact of the allele/epitope was the same in the two groups (e.g., white vs. black) versus the alternative that the ORs were different. In model terms, we tested the null hypothesis that the interaction coefficient was equal to 0 versus the alternative that the coefficient was different from 0. A *P* value of .05 was used to determine whether the interaction term was statistically different from 0. Since not all individuals expressed a DRB4 or DRB5 allele, the association of the presence of any of these alleles with sarcoidosis was determined by χ^2 analysis.

To address whether alleles and amino acid epitopes were associated with different clinical phenotypic expressions of sarcoidosis, a χ^2 test was performed to test whether the clinical phenotype was equally prevalent in sarcoidosis patients who had the allele/amino acid epitope compared to those who did not have the allele/amino acid epitope. The significance level for the P value was set at .05. Statistical tests and logistic regression models were performed for the ACCESS group as a whole and within each age, race, and gender group.

To determine the proportion of the excess disease rate that might be attributable to a specific allele, the population attributable risk (PAR%) (Schildkraut 1998) was calculated from the following formula:

$$\text{PAR\%} = \frac{P_e(\text{RR} - 1)}{P_e(\text{RR} - 1) + 1} \times 100,$$

where P_e is the prevalence of the allele in the general population, and RR is the relative risk.

Although controls represented a population age-/race-/sex-matched to the cases, we approximated the prevalence of an allele in the general population by using the prevalence of the allele in the control population and the RR by using the OR (rare disease assumption).

Results

Overview of the Study Population

The HLA typing laboratory received 1,016 DNA samples. All samples, except for one, were successfully typed. The one sample that could not be typed was contaminated. Final results were tabulated on 474 matched cases and controls (948 total samples). In addition, the presence and absence of a DR3, DR4, or DR5 were also determined. There were 52 quality-control samples (5.5%). The remaining 16 samples were from cases and their matched controls and, on administrative review, were withdrawn from the study, either because the cases did not meet study criteria for sarcoidosis or because the samples were from cases without a matched control. Among the 948 samples, there were 53 different HLA-DRB1 alleles, 4 different DRB3 alleles, 19 different DQB1 alleles, and 41 different DPB1 alleles identified.

The demographics of this subpopulation of the ACCESS study sample for which HLA typing was performed were similar to those of the population as a whole. There were 311 (66%) that were female pairs in the HLA study compared with 64% female pairs for the ACCESS study sample of 706 pairs. For the HLA study, there were 268 (56%) pairs that self reported as white, 193 (41%) that self reported as black, and 13 (3%) that were grouped together as "other." This is similar to the entire study sample, in which 53% were white, 44%

black, and 3% other. Finally, 206 (44%) of the cases were <40 years of age in the HLA study compared to 45% <40 years of age in the entire study sample.

Quality control of the HLA typing was performed by performing duplicate analyses on 52 masked samples. For each sample, the DRB1, DQB1, and DPB1 alleles were identified. Thus, the repeatable typing of 312 alleles was utilized to assess quality control. Only six alleles (2%) were not typed similarly. This satisfies the requirements set by ASHI (American Society for Histocompatibility and Immunogenetics) for HLA typing laboratories.

Analysis of the HLA-DPB1, HLA-DQB1, and HLA-DRB1 Alleles in the Study Population

To determine whether there were different allelic distributions in sarcoidosis patients and their matched controls, a global test was performed for each allele group of the 53 DRB1 alleles, the 19 DQB1 alleles, or the 41 DPB1 alleles detected. Allelic frequencies are given in tables 1, 2, and 3. The distributions of the HLA-DRB1 alleles were significantly different between sarcoidosis patients and their matched controls ($P < .0001$), whereas the distributions of the alleles for HLA-DQB1 and HLA-DPB1 were not significantly different ($P = .40$ and $P = .27$ for HLA-DQB1 and HLA-DPB1, respectively).

To determine which of the HLA-DRB1 alleles accounted for the differences between cases and their matched controls, univariate analyses were performed. Seven HLA-DRB1 alleles were significant at $P < .05$ (table 4). Three alleles were identified as risk factors for sarcoidosis (HLA-DRB1*1101, HLA-DRB1*1501, and HLA-DRB1*1201), and four alleles were identified as protective for the development of sarcoidosis (HLA-DRB1*0401, HLA-DRB1*0404, HLA-DRB1*0407, and HLA-DRB1*1503).

Analysis of the DRB3, DRB4, and DRB5 Loci in the Study Population

The presence of the DRB3 locus was identified as a significant risk factor for sarcoidosis ($P < .006$; OR 1.54), while the presence of the DRB4 locus was significantly associated with a protective effect ($P < .007$; OR 0.69). The presence of the DRB5 locus was not associated with sarcoidosis ($P = .193$; OR 1.22). Since the presence of the DRB3 locus was associated with sarcoidosis, high-resolution typing of the DRB3 locus was performed. Four alleles were detected, DRB3*0101, DRB3*0201, DRB3*0202, and DRB3*0301. Only the presence of DRB3*0101 was identified as a risk factor for sarcoidosis with an OR of 1.34 ($P = .044$). This allele was present in 33% of cases and 27% of controls.

Table 1**HLA-DRB1 Allele Frequency by Case and Control**

DRB1 ALLELE	FREQUENCY IN					
	Entire Cohort		Whites		Blacks	
	Cases	Controls	Cases	Controls	Cases	Controls
0101	.039	.0527	.0560	.0728	.0181	.0233
0102	.0222	.0253	.0168	.0187	.0311	.0363
0103	.0011	.0042	.0019	.00560026
0301	.1023	.1002	.1381	.1231	.0492	.0674
0302	.0401	.02640959	.0622
0303	.0011	.00110019	.0026	...
0305	.0021	.0011	.0019	.0019	.0026	...
030600110019
0401	.0390	.0675	.0616	.1101	.0104	.0130
0402	.0222	.0084	.0392	.01310026
0403	.0074	.0074	.0112	.0075	.0026	.0026
0404	.0137	.0285	.0205	.0429	.0026	.0104
0405	.0084	.0074	.0056	.0019	.0078	.0130
0407	.0021	.0116	.0037	.01680052
0408	.0042	.0042
04110021	.0075	.00750026
0701	.0897	.1086	.0951	.1213	.0881	.0959
0801	.0084	.0137	.0131	.0243
080200420026
080300320037
0804	.0243	.01690596	.0415
0806	.0021	.00320019	.0052	.0052
0901	.0137	.0200	.0131	.0131	.0130	.0311
1001	.0158	.0105	.0093	.0056	.0259	.0155
1101	.1150	.0686	.0840	.0466	.1632	.0984
1102	.0084	.01480019	.0181	.0337
1103	.0032	.0053	.0037	.0075	.0026	.0026
1104	.0179	.0274	.0280	.0392	.0052	.0078
111000110026
1114	.00110026	...
111900110026
1201	.0411	.0222	.0187	.0112	.0751	.0363
1202	.0021	.00320052	.0052
1301	.0633	.0665	.0578	.0597	.0699	.0777
1302	.0464	.0496	.0373	.0410	.0596	.0648
1303	.0190	.0148	.0093	.0112	.0285	.0207
1304	.0042	.00840019	.0104	.0181
1305	.0011	.0021	.0019	.0037
130600110026
1310	.0011	.00110019	.0026	...
1315	.00110019
1316	.0042	.0063	.0037	.0093	.0052	.0026
1401	.0390	.0232	.0448	.0243	.0259	.0207
1404	.0011	.004200190052
1407	.00210052	...
1408	.00110019
1421	.00110019
1501	.1160	.0770	.1940	.1119	.0104	.0311
1502	.0074	.0053	.0093	.0093	.0026	...
1503	.0338	.05060019	.0803	.1218
1601	.0053	.0116	.0075	.01870026
1602	.0053	.00420130	.0104
160700110019

Analysis of Amino Acid Residues of the HLA Class II Molecules in the Study Population

Thirty-three (33) HLA-DPB1 residues, 51 HLA-DQB1 residues, and 60 HLA-DRB1 residues were tested for their involvement as risk factors for the development of sarcoidosis. By univariate analyses (table 5), 12 residues were associated with either cases or controls at the $P \leq .05$ level, and 13 had trends indicating a possible association ($.05 < P < .1$).

Independent Determinants for the Risk/Protection of Sarcoidosis in the Study Population

To determine multivariate independence of HLA alleles and amino acid residues with sarcoidosis, a forward logistic regression analysis was performed using all alleles and residues that were significant at least at the 0.1 alpha level. Six alleles and two amino acid residues were multivariately associated with cases or controls (table 6). Five DRB1 alleles (DRB1*1101, DRB1*0402, DRB1*1201, DRB1*1501, and DRB1*1401), one DRB3 allele (DRB3*0101), and one DPB1 amino acid residue (DPB1-V⁷⁶) were identified as risk factors for sarcoidosis, whereas only the DRB1 amino acid residue (DRB1-H¹³) was identified as protective for sarcoidosis.

The Influences of Sex and of Age at Diagnosis on the Relationship Between HLA Alleles and the Development of Sarcoidosis

Because prior studies had suggested that there was an interaction between sex and age at diagnosis of sarcoidosis, we performed analyses to determine whether there were significant interactions of these variables with the HLA alleles and sarcoidosis. Only four alleles were identified as having possible interactions ($P < .10$) with sex or age at diagnosis. Interestingly, two of these alleles were also independently associated with sarcoidosis. HLA-DRB1*1101, which was a risk factor for sarcoidosis in the study population, had a higher OR in males than in females (OR 3.6 for males and 1.51 for females; $P = .053$). HLA-DRB1*0401, which was identified as a protective factor, had a lower OR in males than in females (OR 0.25 for males and 0.69 for females; $P = .078$). DQB1*0603 was not originally identified as associated with sarcoidosis in the study population ($P = 1.000$; OR 0.98). The interaction analysis identified DQB1*0603 as a risk factor for females and a protective factor for males (OR 1.32 for females and 0.50 for males; $P = .062$). Similarly, HLA-DRB1*1302 was not associated with sarcoidosis in the study population ($P = 1.000$; OR 1.00) but was identified as a risk factor for early-onset sarcoidosis and a protective factor for late-onset sarcoidosis (OR 1.65 for sarcoidosis at age

Table 2
HLA-DPB1 Allele Frequency by Case and Control

DPB1 ALLELE	FREQUENCY IN					
	Entire Cohort		Whites		Blacks	
	Cases	Controls	Cases	Controls	Cases	Controls
0101	.1804	.1521	.0690	.0616	.3394	.2727
0201	.1023	.1309	.1045	.1306	.0933	.1299
0202	.0032	.0042	.0019	.0075	.0052	...
0301	.0897	.0739	.1063	.0896	.0699	.0571
0401	.2795	.2883	.4310	.4254	.0674	.1039
0402	.1065	.1193	.0970	.1213	.1166	.1117
0501	.0137	.0116	.0224	.01490052
0601	.0063	.0127	.0112	.02050026
0801	.00110019
0901	.0063	.0042	.0093	.0037	.0026	.0052
1001	.0105	.0084	.0168	.01310026
1101	.0306	.0359	.0205	.0354	.0466	.0390
1301	.0243	.038	.0112	.0243	.0415	.0597
1401	.0137	.0084	.0205	.0056	.0026	.0026
1501	.0063	.0084	.0093	.0056	.0026	.0130
1601	.0053	.0053	.0093	.00750026
1701	.0380	.0348	.0168	.0093	.0674	.0701
1801	.0295	.02960725	.0727
1901	.0053	.0063	.0075	.0075	.0026	.0052
2001	.0011	.0011	.0019	.0019
2301	.0084	.0021	.0149	.0037
2501	.00110019
2601	.00110026	...
2701	.0095	.00840233	.0208
2901	.0021	.0011	.00370026
3001	.0032	.00110078	.0026
3201	.00110019
3401	.00110026	...
360100110019
3901	.0042	.00420037	.0104	.0052
4001	.0063	.00320155	.0078
4101	.00110019
4901	.0011	.00110026	.0026
5001	.00110019
510100110019
5201	.0011	.0011	.0019	.0019
5501	.0011	.0011	.00190026
650100110019
7201	.00110019
7601	.00110026	...
8001	.00110026	...

<40 years vs. OR 0.56 for sarcoidosis at age ≥40 years; P = .028 for interaction).

Analyses Based Within Race Groups

Using analytical methods analogous to those used for the entire study population, we investigated the inter-relationships of race with HLA alleles and amino acid residues in sarcoidosis. The global test identified that at least one of the HLA-DRB1 alleles was associated with sarcoidosis in whites and blacks (P < .001 for whites and P = .0084 for blacks). There were no global effects iden-

tified for the HLA-DQB1 loci in either whites or blacks (P = .31 for whites and P = .17 for blacks). However, the global test identified that at least one of the HLA-DPB1 alleles was associated with sarcoidosis in blacks (P = .03).

Table 7 shows the results of univariate analyses for whites and blacks (tables 1, 2, and 3 give the allele frequencies). We identified three alleles that were risk factors for blacks with sarcoidosis (HLA-DRB1*1101, HLA-DRB1*1201, and HLA-DPB1*0101) and one allele that was protective (HLA-DRB1*1503). Three alleles were identified as risk factors for sarcoidosis in whites (HLA-DRB1*1101, HLA-DRB1*0402, and HLA-DRB1*1501), and one allele was identified as a protective factor (HLA-DRB1*0401). Only a single HLA-DPB1 allele (HLA-DPB1*0101) was identified in blacks as a risk factor for sarcoidosis.

Population attributable risk estimates in blacks were as follows: for HLA-DRB1*1101, 16%; HLA-DRB1*1201, 11%; and HLA-DPB1*0101 was 24%. For whites, the population attributable risk estimates were as follows: for HLA-DRB1*1101, 9%; for DRB1*0402, 5%; and for DRB1*1501, 18%. Thus, if the prevalence of these alleles in our black and white control populations is similar to the prevalence of these alleles in the black and white populations of the United States, these alleles represent substantial risk factors for the development of sarcoidosis.

Interaction tests were performed to determine if alleles were differentially associated with sarcoidosis in whites

Table 3
HLA-DQB1 Allele Frequency by Case and Control

DQB1 ALLELE	FREQUENCY IN					
	Entire Cohort		Whites		Blacks	
	Cases	Controls	Cases	Controls	Cases	Controls
0201	.1055	.1023	.1362	.1250	.0596	.0699
0202	.1023	.1150	.0877	.1007	.1269	.1399
0203	.0032	.00110078	.0026
0301	.1751	.1888	.1828	.1978	.1658	.1736
0302	.0622	.0833	.0951	.1082	.0181	.0440
0303	.0200	.0253	.0224	.0354	.0155	.0130
0304	.0042	.0032	.0075	.0056
0305	.0053	.0011	.0093	.0019
0401	.0032	.0011	.0037	.0019
0402	.0454	.0454	.0093	.0261	.0933	.0674
0501	.1255	.1297	.0858	.1026	.1865	.1684
0502	.0327	.0179	.0224	.0205	.0466	.0155
0503	.0422	.0264	.0466	.0261	.0285	.0207
0601	.0074	.0053	.0112	.0093	.0026	...
0602	.1688	.1519	.1754	.1194	.1632	.2021
0603	.0538	.0549	.0672	.0765	.0337	.0259
0604	.0253	.0285	.0317	.0336	.0155	.0233
0608	.0011	.00210026	.0052
0609	.0169	.0169	.0056	.0093	.0337	.0285

Table 4**HLA-DRB1 Alleles Associated with Sarcoidosis or Controls with Univariate $P < .05$**

HLA-DRB1 Allele	Frequency in Cases (%)	Frequency in Controls (%)	P	OR (95% CI)
Associated with Sarcoidosis:				
1101	22	13	<.001	1.98 (1.37–2.90)
1501	22	14	.003	1.70 (1.18–2.46)
1201	8	4	.015	2.13 (1.14–4.12)
Associated with Controls:				
0401	8	13	.003	.48 (.28–.80)
0407	0	2	.022	.18 (.02–.83)
0404	3	6	.034	.46 (.21–.95)
1503	6	10	.048	.57 (.32–1.00)

and blacks. Only one allele, *HLA-DRB1*1501*, had a significant interaction between blacks and whites (OR 0.36 for blacks and 2.08 for whites; $P = .003$ for interaction).

By univariate analysis, 22 amino acid residues in blacks and 16 amino acid residues in whites were associated with sarcoidosis ($P < .05$), and 11 amino acid residues in blacks and 13 amino acid residues in whites were identified as having interesting trends ($.05 < P < .10$ [data not shown]).

The presence of the DRB3 locus was identified as a

risk factor for blacks but not for whites (for blacks, OR 2.11, $P = .010$; for whites, OR 1.30, $P = .191$). The presence of the DRB4 locus was identified with protection from sarcoidosis for blacks but not for whites (for blacks, OR 0.61, $P = .042$; for whites, OR 0.72, $P = .071$). Since the test for interaction between blacks and whites for the presence of the DRB3 or DRB4 locus was not significant, these differences only indicate trends rather than significant findings. The interaction test identified the presence of the DRB5 locus as being differentially associated with sarcoidosis between blacks and whites, despite the lack of association with the entire study population (OR 0.57 for blacks and 1.23 for whites; $P = .002$ for interaction). High-resolution typing identified three DRB3 alleles in blacks (*DRB3*0101*, *DRB3*0202*, and *DRB3*0301*). Whereas none of these alleles was significantly associated with sarcoidosis, by univariate analyses, *DRB3*0303* was trending as a risk factor for sarcoidosis (OR 1.64; $P = .064$).

To determine multivariate independence of alleles and amino acid residues in whites and blacks with sarcoidosis, the amino acid residues and the alleles of *HLA-DRB1*, *HLA-DRB3*, *HLA-DPB1*, and *HLA-DQB1* were entered into a forward logistic regression (table 8). In blacks, four alleles (*DPB1*0101*, *DRB1*1201*, *DRB1*1101*, and *DQB1*0502*) were identified as risk factors for sarcoidosis, and two amino acid residues (*DRB1-Y26* and *DRB1-Q10*) were identified as protective factors ($P < .05$). In whites, four alleles (*DRB1*1101*, *DRB1*1501*, *DRB1*1401*, and *DRB1*0402*) and three amino acid residues (*DPB1-F35*, *DPB1-H9*, and *DRB1-F47*) were identified as risk factors for sarcoidosis, and two amino acid residues (*DPB1-I65* and *DRB1-F26*) and one allele (*DQB1*0602*) were identified as protective factors ($P < .05$).

Sarcoidosis Phenotypes Associated with HLA Alleles

The alleles associated with sarcoidosis were evaluated to determine whether they correlated with different phe-

Table 5**HLA-DRB1-, DQB1-, and DPB1- Amino Acid Residues Associated with Sarcoidosis**

Amino Acid Residue	P	OR (95% CI)
Associated with Sarcoidosis:		
<i>DRB1-F47</i>	<.00	1.63 (1.18–2.27)
<i>DPB1-V76</i>	<.00	1.49 (1.13–1.98)
<i>DRB1-S13</i>	.02	1.43 (1.07–1.92)
<i>DRB1-E58</i>	.03	1.41 (1.03–1.95)
<i>DQB1-A86</i>	.03	1.35 (1.02–1.78)
<i>DQB1-E84</i>	.05	1.33 (1.01–1.77)
<i>DRB1-Y10</i>	.06	1.38 (.99–1.94)
<i>DRB1-S11</i>	.06	1.38 (.99–1.94)
<i>DQB1-R55</i>	.06	1.32 (.99–1.78)
<i>DQB1-G89</i>	.06	1.31 (.99–1.74)
<i>DQB1-Q53</i>	.06	1.31 (.99–1.74)
<i>DQB1-G70</i>	.06	1.30 (.99–1.72)
<i>DQB1-S57</i>	.07	1.87 (.96–3.76)
<i>DPB1-D84</i>	.08	1.30 (.97–1.75)
<i>DRB1-A74</i>	.09	1.45 (.95–2.23)
<i>DRB1-H32</i>	.09	1.27 (.97–1.66)
Associated with Controls:		
<i>DRB1-H13</i>	<.00	.59 (.41–.83)
<i>DRB1-Q70R71</i>	.01	.64 (.47–.88)
<i>DRB1-Q10</i>	.01	.66 (.49–.89)
<i>DRB1-V11</i>	.01	.67 (.48–.93)
<i>DRB1-K12</i>	.02	.69 (.51–.94)
<i>DRB1-I31</i>	.03	.68 (.47–.97)
<i>DPB1-E69</i>	.06	.77 (.59–1.01)
<i>DPB1-I65</i>	.06	.36 (.10–1.05)
<i>DRB1-F13</i>	.09	.75 (.53–1.04)

Table 6
Forward Logistic Regression Analysis of the Association of HLA-DRB1, HLA-DRB3, HLA-DQB1, and HLA-DPB1 Alleles and Amino Acid Residues and Sarcoidosis

Allele or Amino Acid Residue	OR (95% CI)	P
Associated with Sarcoidosis:		
<i>DRB1*1101</i>	2.68 (1.78–4.03)	<.001
<i>DRB1*0402</i>	4.59 (1.76–12.0)	.002
<i>DRB1*1201</i>	2.62 (1.38–4.95)	.003
<i>DRB1*1501</i>	1.84 (1.22–2.77)	.004
<i>DRB3*0101</i>	1.60 (1.16–2.20)	.004
<i>DPB1-V⁷⁶</i>	1.56 (1.14–2.12)	.005
<i>DRB1*1401</i>	2.29 (1.21–4.34)	.011
Associated with Controls:		
<i>DRB1-H¹³</i>	.32 (.12–.87)	.026

notypes of sarcoidosis at presentation. On the basis of the ACCESS questionnaire (Judson et al. 1999), involvement at presentation was assessed in 16 different systems as either definite, probable, possible, or not involved. If a subject had definite or probable involvement with sarcoidosis for a particular system, this system was considered involved with sarcoidosis for this analysis. In three organ systems (bone and joint, muscle, and renal), involvement was detected in <2% of cases. Ten different alleles were tested for their association with specific systems in all patients and in blacks and whites. Univariate ($P < .05$) associations are shown in table 9. The most significant finding was the relationship between *DRB1*0401* and eye involvement ($P < .0008$; OR 3.49) in the study population. Although only 2% of blacks had a *DRB1*0401* allele, a similar OR was present in both blacks and whites. The association of *DRB1*1503* with extrathoracic lymph node and neurological involvement in the study population was confounded, since *DRB1*1503* was only present in blacks and extrathoracic lymph node and neurological involvement were also associated with blacks. When these associations were examined in just the black population, the association was less striking, with a decreased OR and a decreased level of significance. The presence of the DRB3 locus was strongly associated with bone marrow involvement in blacks (OR 6.71; $P = .004$), but, because of the rarity of bone marrow involvement in whites (~0.4%), no association could be demonstrated. *DPB1*0101* was not associated with any particular organ involvement in blacks but was strongly associated with hypercalcemia in whites ($P < .005$; OR 4.28). The other significant association ($P < .01$) present in this analysis was the presence of *DRB1*0401* and parotid and salivary gland involvement in blacks ($P < .001$; OR 78.0).

Discussion

Although prior studies have suggested that there was an association between HLA alleles and sarcoidosis, sar-

coidosis has not been generally recognized as a disease with significant HLA mediation in its development (Hansen et al. 1993; Klein and Sato 2000). A genetic predisposition to sarcoidosis has been suspected (reviewed by Rybicki et al. [2001a]), and a recent study of a genomewide search for predisposing genes in sarcoidosis suggested that not only was there a locus heterogeneity of susceptibility but the most prominent peak was noted in the HLA region (Schurmann et al. 2001). Our study extends this observation by showing that the *DRB1* locus appears to be an important class II locus associated with susceptibility to sarcoidosis.

In this, the largest case-control study of high-resolution identification of HLA polymorphisms in sarcoidosis, our global test to evaluate allelic heterogeneity clearly showed a very strong association between sarcoidosis and the HLA class II *DRB1* locus ($P < .0001$) and confirmed the initial observations of a DR association with sarcoidosis (Krause and Goebel 1987; Kunikane et al. 1987). Using logistic regression, we demonstrated that both specific alleles and amino acid residues appeared to independently confer risk for sarcoidosis. This could mean that single and multiple amino acid changes might be instrumental in defining the population of individuals who are at risk for developing sarcoidosis. In addition, the logistic regression identified two additional HLA-*DRB1* alleles not identified by univariable analysis and an amino acid residue on HLA-*DPB1* that appeared to be associated with sarcoidosis. Although univariate associations were noted for *DRB3*, *DRB4*, and *DRB5* loci, only the *DRB3*0101* allele was associated with sarcoidosis when considered with the other candidate alleles and amino acid residues in the logistic regression. This suggests that the other univariate associations identified in this analysis could be due to linkage disequilibrium or multiple comparisons

Because HLA class II allele distributions differ among different populations, we also investigated whether there were differences in the distribution of HLA alleles between whites and blacks in our control population and whether our ACCESS control population was representative of the general population. The high-resolution HLA-*DRB1*, HLA-*DPB1*, and HLA-*DQB1* typing in the control populations may represent the largest population to date in which high-resolution typing of HLA-*DRB1*, HLA-*DQB1*, and HLA-*DPB1* was performed to compare the HLA class II differences between blacks and whites in the United States. Our findings (fig. 1) confirm previous differences noted for HLA-*DRB1*01* (Collins et al. 2000), HLA-*DRB1*03* (Tang et al. 2002), HLA-*DRB1*04* (Chen et al. 2002), HLA-*DRB1*11* (Tang et al. 2000), and HLA-*DRB1*13* (Sintasath et al. 1999), and were similar to findings for blacks in New York City (Just et al. 1997) except for the HLA-*DRB1*1503* allele.

Table 7**Race-Specific HLA-DRB1 Allele Associations with Sarcoidosis**

HLA Allele	Frequency in Cases (%)	Frequency in Controls (%)	P	OR	Population Attributable Risk
Associated with Sarcoidosis among Blacks:					
<i>DRB1*1101</i>	31	19	.006	2.04 (1.22-3.53)	16.5
<i>DRB1*1201</i>	15	7	.014	2.67 (1.20-6.52)	10.5
<i>DPB1*0101</i>	58	44	.008	1.72 (1.14-2.62)	24.1
Associated with Controls among Blacks:					
<i>DRB1*1503</i>	15	23	.044	.56 (.30-.99)	
Associated with Sarcoidosis among Whites:					
<i>DRB1*1501</i>	0	2	.022	.18 (.02-.83)	
<i>DRB1*1101</i>	36	21	<.001	2.08 (1.39-3.15)	18.5
<i>DRB1*1101</i>	17	9	.010	2.05 (1.17-3.69)	8.6
<i>DRB1*0402</i>	7	3	.043	2.57 (1.02-7.28)	4.5
Associated with Controls among Whites:					
<i>DRB1*0401</i>	12	21	.003	.44 (.25-.77)	

In addition, differences between blacks and whites were noted in the frequencies of the *HLA-DRB1*08*, *HLA-DRB1*12*, and *HLA-DRB1*16* alleles. Differences in the expression of *DQB1* locus alleles were also noted, especially for *DQB1*0302*, *DQB1*0402*, *DQB1*0501*, *DQB1*0602*, and *DQB1*0603*. Similar differences have also previously been published (Dorman and Bunker 2000). Major racial differences for the *DPB1* locus alleles were noted for *DPB1*0101* and *DPB1*0401* and, to a lesser degree, for *DPB1*1301*, *DPB1*1701*, and *DPB1*1801*. These findings suggest that the distribution of *HLA* alleles in our control populations is similar to the distribution of *HLA* alleles in the black and white populations in the United States and illustrate the need to analyze black and white populations separately and with their own matched control groups. It has been known for years that U.S. blacks, on average, have 30% white admixture (Steinberg 1969). Although this could be an important possible weakness of this study, it is important to realize that this was a matched case-control study and was matched on self-designated race.

*HLA-DRB1*1101* appears to be the most important susceptibility factor among the *HLA* class II alleles for sarcoidosis as this allele was significantly associated with sarcoidosis in both blacks and whites. Since the distribution of alleles in our black and white control populations appears to be similar to the distribution of alleles in the black and white populations in the United States, we were able to calculate the population attributable risk for sarcoidosis due to this allele. The population attributable risk was 16.5% for blacks and 8.5% for whites. Similarly, in a study of Japanese patients (Ishihara et al. 1994) with sarcoidosis predominantly affecting the eye (58 of 63 subjects had eye involvement), *HLA-DRB1*1101* was significantly increased compared with controls. This finding is of added interest because of the recent observation of a decreased prevalence of *HLA-*

*DRB1*11* alleles in patients with hepatitis C (Yenigun and Durupinar 2002), a disease that worsens with corticosteroid treatment of sarcoidosis.

In the evaluation of the study sample, *HLA-DPB1* alleles did not appear to be associated with sarcoidosis. However, in blacks, a significant association was observed for *HLA-DPB1* that appeared to be accounted for entirely by *HLA-DPB1*0101*. Because of the high prevalence of this allele in the black control population, this allele had a population attributable risk of 24.1%. Importantly, only one allele, *HLA-DRB1*1501*, appeared to be differentially associated with sarcoidosis in blacks and whites (associated with controls in blacks

Table 8**Forward Logistic Regression Analysis of the Association of HLA-DRB1, HLA-DRB3, HLA-DQB1, and HLA-DPB1 Alleles and Amino Acid Residues in Blacks and Whites with Sarcoidosis**

Marker	OR (95% CI)	P
Associated with Sarcoidosis among Blacks:		
<i>DPB1*0101</i>	2.20 (1.38-3.53)	.001
<i>DRB1*1201</i>	3.23 (1.36-7.67)	.008
<i>DRB1*1101</i>	2.24 (1.22-4.09)	.009
<i>DQB1*0502</i>	3.19 (1.07-9.50)	.037
Associated with Sarcoidosis among Whites:		
<i>DRB1*1101</i>	3.31 (1.70-6.43)	<.001
<i>DRB1*1501</i>	16.6 (3.24-85.0)	.001
<i>DRB1*1401</i>	4.66 (1.85-11.8)	.001
<i>DRB1*0402</i>	5.25 (1.90-14.5)	.001
<i>DPB1-F³⁵</i>	12.6 (2.03-77.5)	.006
<i>DPB1-H⁹</i>	2.73 (1.26-5.93)	.011
<i>DRB1-F⁴⁷</i>	2.04 (1.15-3.64)	.015
Associated with Controls among Blacks:		
<i>DRB1-Y²⁶</i>	.38 (.19-.77)	.008
<i>DRB1-Q¹⁰</i>	.53 (.33-.87)	.012
Associated with Controls among Whites:		
<i>DPB1-I⁶⁵</i>	.04 (.01-.31)	.002
<i>DRB1-F²⁶</i>	.31 (.14-.69)	.004
<i>DQB1*0602</i>	.11 (.02-.56)	.008

Table 9
Clinical Involvement in Sarcoidosis Associated with HLA Class II Alleles

ALLELE AND SARCOIDOSIS PHENOTYPE ^a	VALUE IN					
	Entire Population		Blacks		Whites	
	OR (95% CI)	P	OR (95% CI)	P	OR (95% CI)	P
<i>DRB1</i> *1101:						
Calcium metabolism	1.66 (.66–4.19)	.28	.55 (.06–5.00)	.59	3.28 (1.13–9.54)	.02
Extra-thoracic lymph nodes	1.75 (1.00–3.05)	.05	1.59 (.76–3.33)	.21	1.53 (.61–3.80)	.36
<i>DRB1</i> *1201:						
Ear, nose and throat	4.03 (1.23–13.1)	.01	4.62 (.98–21.8)	.04	3.47 (.31–30.8)	.24
Neurological	.97 (.21–4.27)	.96	.00 ^b	.15	5.13 (.98–26.8)	.03
<i>DRB3</i> :						
Bone marrow	2.33 (.81–6.71)	.11	6.71 (2.09–21.5)	.004	.00 ^b	.50
<i>DRB1</i> *0401:						
Eye	3.49 (1.62–7.54)	.0008	4.73 (.64–34.8)	.10	5.77 (2.27–14.6)	.0001
Neurological	3.37 (1.18–9.59)	.02	5.97 (.57–62.6)	.09	3.23 (.95–11.0)	.05
Parotid and salivary glands	2.61 (.84–8.10)	.09	78.0 (7.18–848)	<.001	.55 (.07–4.38)	.57
<i>DRB1</i> *0402:						
Erythema nodosum	3.05 (.96–9.73)	.048	... ^c		3.92 (1.16–13.2)	.02
<i>DRB1</i> *1503:						
Bone marrow	6.06 (1.80–20.3)	.001	2.46 (.72–8.46)	.14	... ^c	
Extra-thoracic lymph nodes	3.20 (1.43–7.17)	.003	2.56 (1.07–6.08)	.03	... ^c	
Neurological	3.10 (.99–9.69)	.04	3.59 (.98–13.2)	.04	... ^c	
<i>DRB5</i> :						
Neurological	1.28 (.55–2.97)	.56	3.91 (1.12–13.6)	.02	.62 (.19–2.02)	.42
Parotid and salivary glands	2.36 (1.03–5.38)	.04	1.88 (.46–7.64)	.37	3.01 (.98–9.26)	.04
<i>DPB1</i> *0101:						
Calcium metabolism	1.22 (.50–2.98)	.66	.47 (.08–2.90)	.41	4.28 (1.45–12.6)	.005
Eye	1.75 (1.01–3.04)	.05	1.49 (.69–3.19)	.31	.54 (.12–2.41)	.42

^a Specific definitions are given by Judson et al. (1999).

^b The CI of the OR could not be determined, since no cases of neurological involvement occurred in blacks with *HLA-DRB1* *1201.

^c No alleles were detected in the subpopulation.

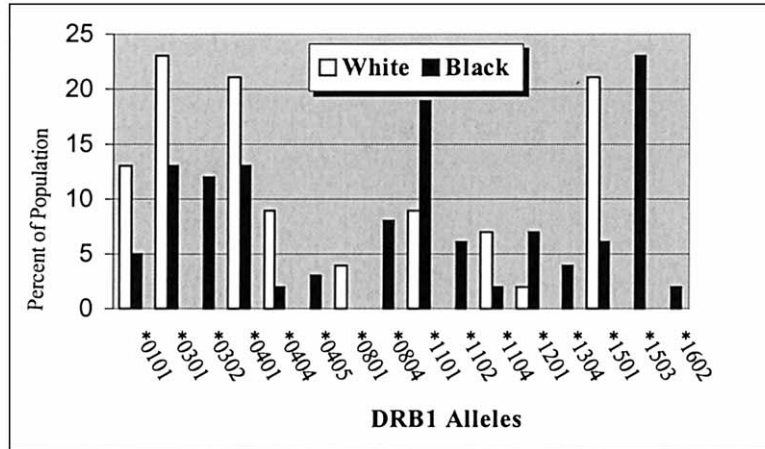
[OR 0.36] and with sarcoidosis in whites [OR 2.08; *P* = .003 for interaction]). However, this study was underpowered to detect significant differential associations in alleles of low frequency. Nevertheless, the majority of *HLA* class II alleles that are associated with sarcoidosis may be similar in both blacks and whites, and the increased frequency of sarcoidosis in blacks could be due to the different distribution of *HLA* alleles in blacks compared to that in whites. Similarly, Grunewald and Eklund (Grunewald and Eklund 2001) recently reported a case of sarcoidosis in an African that had an *HLA* type (DR 17) that has been associated with a specific immunological profile (i.e., increased lung T cells that express the AV2S3 T cell receptor) and clinical presentation, Lofgren syndrome, that is frequently seen in Scandinavians and is unusual in Africans.

Because linkage disequilibrium complicates the interpretation of the *HLA* associations, controversy exists whether several *HLA* factors or a single *HLA* allele or genotype can explain sarcoidosis associations within the MHC region. For instance, in white populations, the *DQB1* and *DRB1* loci are in very tight linkage disequilibrium, with the allele at one locus generally pre-

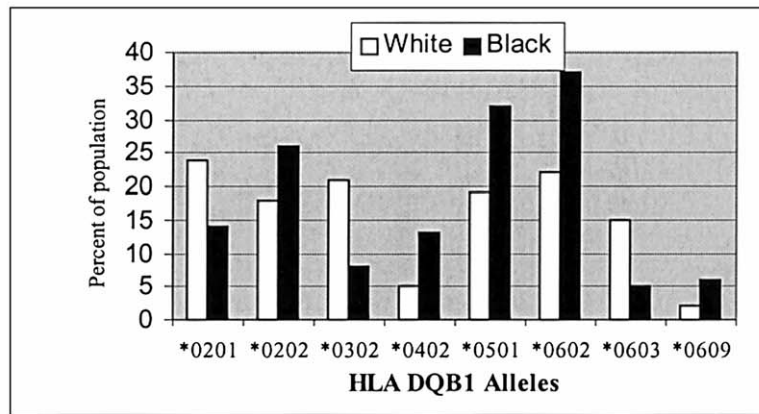
dicting the allele at the other locus (Begovich et al. 1992). The degree of linkage disequilibrium between the *DQB1* and *DRB1* loci in blacks may not be as strong (Zachary et al. 2001). This might explain the recent findings suggesting that the *DQB1* locus is the primary *HLA* class II susceptibility gene in blacks (Rybicki et al. 2003). Although we chose to focus on the *DRB1* and *DPB1* sarcoidosis associations that were most prominent in our data, on the basis of our statistical approach (logistic regressions), we did observe an association of *HLA-DQB1* *0502 in blacks that is consistent with a role for *HLA-DQB1* in susceptibility to sarcoidosis.

Because of linkage disequilibrium in the *HLA* region, specific *HLA-A*, *HLA-B*, and *HLA-DR* haplotypes have been identified (Schipper et al. 1997) that can extend from the *HLA* class II region through the class III region and into the class I region. Whether specific genes or cassettes of genes inherited as a haplotype account for the susceptibility to sarcoidosis is not known. Associations with sarcoidosis have been observed with polymorphisms of the class II gene *DMB* (Ishihara et al. 1996), the class III gene *TNF-α* (Grutters et al. 2002),

A. DRB1 alleles



B. DQB1 alleles



C. DPB1 alleles

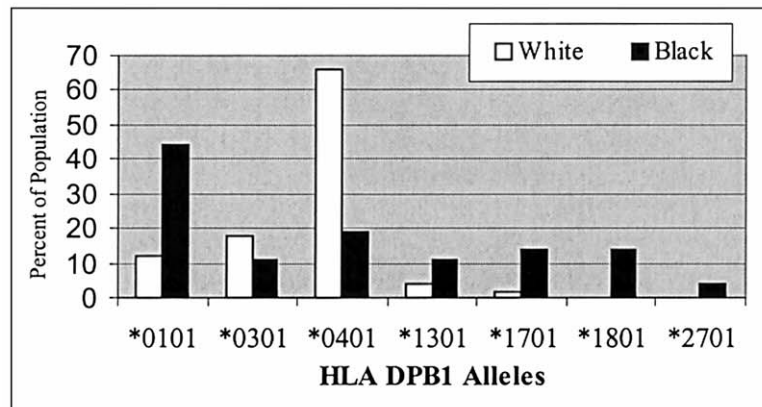


Figure 1 HLA class II alleles differentially expressed in blacks and whites. The alleles that were significantly different ($\chi^2 P < .05$) are illustrated. The proportion of the population expressing a specific allele is shown on the abscissa (white bars for whites, black bars for blacks). A, HLA-DRB1 alleles. B, HLA-DQB1 alleles. C, HLA-DPB1 alleles.

and, in some studies, with specific phenotypes of sarcoidosis with TNF- α polymorphisms (Swider et al. 1999; Pandey and Frederick 2002) and with the serologically defined class I antigen B8 (Lenhart et al. 1990; Dubaniewicz and Szczerkowska 1999). Until there is identification of the genetic polymorphisms that comprise specific conserved haplotypes in the *HLA* region, the association of these haplotypes with sarcoidosis and the specific genes accounting for the susceptibility to sarcoidosis may be uncertain.

Peptides bind to *HLA* class II molecules via amino acid residues that project down into the *HLA* class II cleft into specificity pockets (Stern et al. 1994). The specific amino acids of the *HLA* class II specificity pockets have been shown to determine peptide binding (Androulakis et al. 1997; Chelvanayagam 1997). In addition, the presence or absence of specific amino acid residues has been associated with insulin-dependent diabetes, rheumatoid arthritis (Dorman and Bunker 2000; Zanelli et al. 2000), and chronic beryllium disease (a granulomatous disease similar to sarcoidosis) (Richeldi et al. 1993; Wang et al. 1999; Rossman et al. 2002b). We were also able to show here that specific *HLA* class II amino acid residues defined susceptibility to sarcoidosis. We were surprised to find that specific alleles appeared to be more important than amino acid residues for defining susceptibility to sarcoidosis. Nevertheless, certain amino acid residues appear to be important for the susceptibility to sarcoidosis. *HLA-DRB1-F*⁴⁷, which was the amino acid residue most associated, by univariate analysis, with sarcoidosis (table 5), was present on the three alleles most associated with sarcoidosis—*HLA-DRB1*1101*, *HLA-DRB1*1201*, and *HLA-DRB1*1501*—but was also present on one of the alleles associated with the control population, *HLA-DRB1*1503*. Thus, in the logistic regression (table 6), this amino acid residue did not appear to independently add to the risk of sarcoidosis. However, in whites who did not have a *HLA-DRB1*1503* allele, *HLA-DRB1-F*⁴⁷ appeared to independently contribute to the risk of sarcoidosis (table 8) and may be the most important amino acid residue associated with peptide binding in sarcoidosis. Amino acid residues at position 47 would affect pocket 7 (Androulakis et al. 1997; Chelvanayagam 1997), and mutations of the amino acid residues of pocket 7 peptides have been shown to affect T cell recognition (Evavold et al. 1993; Spain et al. 1994; Hsu et al. 1995).

Foley et al., in a study of European patients with sarcoidosis that used low-resolution *HLA* typing, observed that *HLA-DRB1-V*¹¹ and $-L$ ¹¹ amino acid residues were associated with protection from sarcoidosis (Foley et al. 2001). In our study, *HLA-DRB1-V*¹¹ was associated with the control population, “protection,” and *HLA-DRB1-S*¹¹ was associated with sarcoidosis

(table 5). However, in our study, the most significant association with protection was with *HLA-DRB1-H*¹³. This amino acid is always associated with *HLA-DRB1-V*¹¹ with the *HLA-DRB1*04* alleles but is not present on the *HLA-DRB1*1001* allele, which does contain $-V$ ¹¹. Thus, we feel that it is more likely that the association with *HLA-DRB1-H*¹³ explains their association with position 11 and suggests that pocket 4, which is associated with *HLA-DRB1-H*¹³, may be important in protection from sarcoidosis, rather than pocket 6, which is associated with position 11. This may have important implications for identifying immunogenic peptides that bind class II molecules in sarcoidosis.

Prior studies have demonstrated a strong association between *HLA-DPB1-E*⁶⁹ and chronic beryllium disease (Richeldi et al. 1993; Wang et al. 1999; Rossman et al. 2002b). Because of the similarity of chronic beryllium disease to sarcoidosis, prior studies have looked for an association of sarcoidosis with *HLA-DPB1-E*⁶⁹ (Maliarik et al. 1998; Foley et al. 1999). We also did not find any association of *HLA-DPB1-E*⁶⁹ with sarcoidosis. However, we did find an association with the amino acid residue *DPB1-V*⁷⁶ in the entire study sample. This amino acid residue is present in *HLA-DPB1*0101*, the frequency of which was significantly increased in blacks with sarcoidosis. In the European population that was typed for *HLA-DPB1*, all alleles containing *DPB1-V*⁷⁶ (*DPB1*0101*, *DPB1*0301*, *DPB1*0801*, *DPB1*1001*, and *DPB1*1401*) except one (*DPB1*0901*) were more frequent in patients with sarcoidosis than in controls suggesting that *DPB1-V*⁷⁶ might be an important marker for sarcoidosis. In a black population (Maliarik et al. 1998), *DPB1-F*³⁵ was increased, and we also noted an increase in this amino acid residue in our white population. These findings suggest that the *HLA-DPB1* locus alleles may also be markers for susceptibility to sarcoidosis.

In addition to being susceptibility markers for sarcoidosis, *HLA* class II genes may also be susceptibility markers for a particular form or presentation of sarcoidosis. Such findings have been reported for rheumatoid arthritis (Hellier et al. 2001; Vos et al. 2001), tuberculosis (Ravikumar et al. 1999; Dubaniewicz et al. 2000), and chronic beryllium disease (Rossman et al. 2002b). In sarcoidosis, Swedish (Berlin et al. 1997), Danish (Bogunia-Kubik et al. 2001), and German and Polish (Swider et al. 1999) patients who express *DRB1*03* are more likely to have Lofgren syndrome and a nonchronic form of the disease, whereas cardiac sarcoidosis has been associated with Japanese patients with *HLA-DQB1*0601* (Naruse et al. 2000). We also noted that the clinical presentation appeared to be associated with specific *HLA* class II alleles (table 6). Finding phenotypes of sarcoidosis associated with *HLA* class II alleles has several important implications. First, since

sarcoidosis is a polygenic disorder, other genes must be associated with sarcoidosis. Thus, specific *HLA* class II alleles may determine the phenotype of sarcoidosis and not the predisposition to develop a sarcoidlike reaction. Candidate genes have been identified that could be linked to the *HLA* class II region as a specific haplotype (Ishihara et al. 1996; Rybicki et al. 1999; Pandey and Frederick 2002; Zorzetto et al. 2002) or be present on other chromosomes (Arbustini et al. 1996; Rybicki et al. 1999; Planck et al. 2002; Zorzetto et al. 2002). The report of other areas of the genome linked to sarcoidosis supports both possibilities (Schurmann et al. 2001). Second, because *HLA* class II alleles may select specific environmental agents, the phenotype of the disease may relate to the localization of the selected environmental agent. Preliminary studies suggest that environmental-*HLA* class II associations do exist in sarcoidosis (Rossman et al. 2002a), and *HLA* class II alleles may be a significant tool to determine the environmental causes/triggers of sarcoidosis.

Although it is attractive to speculate that specific environmental or infectious agents will be associated with one or more alleles or amino acid variants in the polymorphic positions of the *HLA*; unfortunately, this is not necessarily true. For small metals, such as beryllium, it appears to be true (Richeldi et al. 1993). However, for responses to bacteria or mycobacteria, it is not necessarily true, as there may be multiple immunogenic peptides and thus a predominant *HLA* allele or amino acid residue is not always found (Vejbaesya et al. 2002). Thus, our findings could support several theories about the cause of sarcoidosis. First, that it might be caused by multiple small molecules present in the environment like beryllium. Second, it might be caused by an organism like tuberculosis. Third, it might be caused by a combination of the two.

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Appendix

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Electronic-Database Information

Accession numbers and URLs for data presented herein are as follows:

Online Mendelian Inheritance in Man (OMIM), <http://www.ncbi.nlm.nih.gov/Omim/>

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